## Why do I need to wait?

Due to high demand for 'treatment same day', some days you may experience a substantial wait for your appointment. Please understand this is unavoidable.

Waiting times are also influenced by the length of prescribed treatment, plus the time it takes for your blood results to be ready, and for your chemotherapy to be prepared by the Pharmacy Department.

Further delays will be experienced if you have not had blood tests completed the day before treatment at a PathWest Centre. Your treatment can not usually be delivered until your blood test results are available.

Thank you for planning ahead, and for your patience and understanding.





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This publication is available in alternative formats on request for a person with disability.

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# Your day, your choice Treatment on the same day



Sir Charles Gairdner Hospital
Cancer Centre



# **Treatment same day**

This brochure provides information about receiving your treatment on the same day as your clinic appointment at Sir Charles Gairdner Hospital's (SCGH's) Cancer Centre, referred to as 'treatment same day'.

Choosing to have multiple appointments on one day enables you to have just one trip to the hospital. However, it can require some planning and an awareness that you may spend some time waiting.

### **Appointments**

The Medical Oncology department run a strict appointment schedule. It is therefore important that you arrive on time. Arriving late disrupts the service we provide you, as well as our service to other patients.

It is also important to note that arriving early will not enable you to be seen early. Please keep this in mind and arrive no more than 15 minutes prior to your appointment time.

While your choice for treatment same day has the advantage of requiring one trip to the hospital, it also incurs greater parking costs. Consider asking a friend or family member to drop you off and pick you up.



### Filling the gaps between treatments

- There are many cafés on the QEII Medical Centre site for a meal or a coffee between appointments.
- Bring your craft, handiwork or a book.
- The Rose Garden is just a short walk from the Cancer Centre and a beautiful place to take in some sun, read, or practice yoga or meditation.
- Kings Park is a 10-minute walk away, with Synergy Parkland the quickest to access.

The SolarisCare Foundation-SCGH is next to the Cancer Centre. It is on the ground floor and accessed off Watling Walk. Primarily a drop-in Centre, SolarisCare provides a place to sit comfortably, or read a book or talk, away from the noise of waiting rooms.

SolarisCare also provides complimentary therapies free of charge for patients receiving treatment and their primary carer.

### These include:

- reiki
- yoga
- counseling
- reflexology
- pranic healing
- relaxation massage
- Access to 'Chemo Club' exercise sessions.

Solaris **Care** 

Integrated care for cancer

A full list and weekly timetable are available in the centre—drop in to find out more.

For more information or bookings:

Phone: 6383 3475

Email: info@solariscare.org.au