



NMHS Older Adult Health Hub

WA Health is introducing three Older Adult Health Hubs across Perth to make it easier for older people and their families to access health and wellbeing services in the community.

The hubs will provide coordinated, integrated care developed with clinicians and the community.

Our vision

Older adults living well at home and in the community, supported by coordinated and integrated care.

How we can support you and your patients

- Short-term stabilisation of the rising risk patient and care coordination
- Rapid access to advice and care navigation
- Shared care planning
- Support for complex patients to reduce both carer strain and hospital presentations.

Our services

The hubs will provide via flexible delivery options:

- Access to specialist medical, nursing and allied health professionals
- Memory and cognition assessment and support
- Assistance to manage conditions affecting the ability to manage safely at home – for example, geriatric syndromes including falls, cognition, continence and other risk factors contributing to poor health outcomes
- Advance care planning support and advice
- Help navigating aged care and community services
- Coordinated, multidisciplinary care tailored to each person's needs.

For more information, call 1300 229 080.

Who can benefit

Consumers living in the NMHS catchment:

- Aged over 65 years (or 50 years for Aboriginal people)
- With complex/chronic conditions or geriatric syndromes who would benefit from short-term multidisciplinary care and/or care coordination to stabilise health and avoid hospital presentation.

Eligibility considerations

- Functional decline/increased care needs
- Frequent health service use/escalation risk
- Frailty or multimorbidity
- Cognitive concerns
- Social factors affecting health and safety.

Please note the Hub supports older adults with escalating or complex care needs requiring coordination. It does not replace standard referral pathways via the [Central Referral System \(CRS\)](#).

Alternative services may be more appropriate for consumers:

- In need of acute, urgent or emergency medical/mental healthcare
- Under 65 years of age (or under 50 years for Aboriginal people) without geriatric conditions
- Who live permanently in a residential aged care facility.

Alternative service providers for such patients could include:

- A hospital ED, urgent care clinic, or WA Virtual ED
- Mental Health Emergency Response Line (MHERL)
- Outpatient services via Central Referral System (CRS)
- Residential Care Line.

How to refer

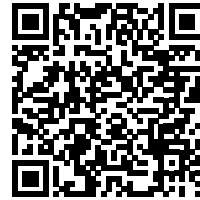
You can either:

- Call 1300 229 080 to speak to a care navigator
- Send a direct referral via:
 - » Healthlink ID (NMHS: oahubnth)
 - » Secure email (encrypted) to olderadulthubnorth@health.wa.gov.au

More information

Call 1300 229 080 for advice or scan the QR codes below.

NMHS Older Adult Health Hub referrals



Healthy WA



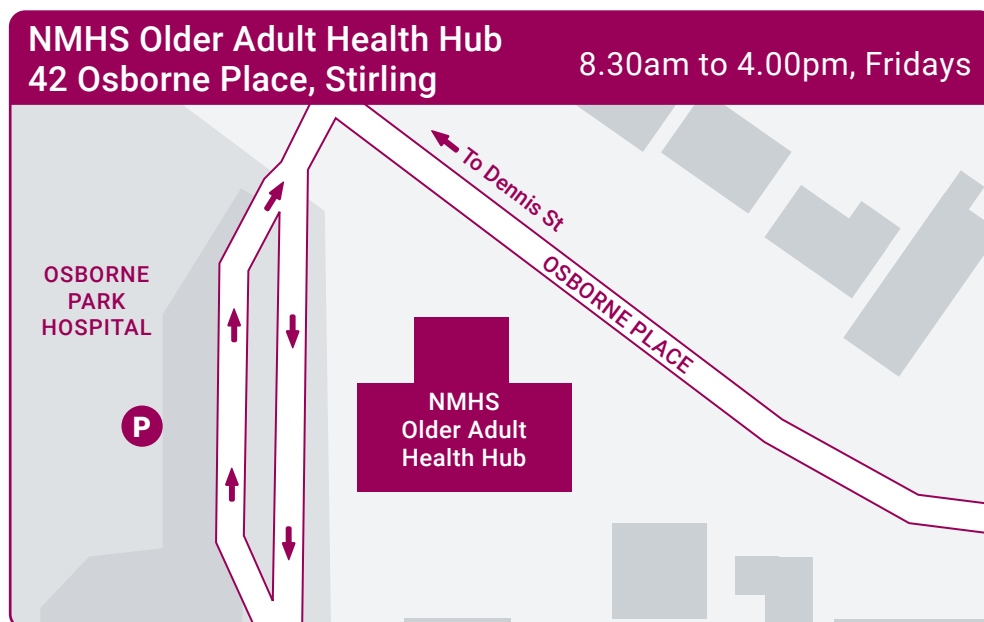
Have your say

This brochure will continue to evolve as the service develops.

We invite GPs to contribute to shaping the model and share feedback to ensure the hubs meet community needs and strengthen primary care.

- olderadulthubsouth@health.wa.gov.au
- olderadulthubnorth@health.wa.gov.au
- olderadulthubeast@health.wa.gov.au

Our location and hours



Roadside parking is available along with accessible car bays directly outside the building.

