Going home checklist

We want your move from hospital to home to go as smoothly as possible.

Before leaving hospital, make sure your doctor or nurse has given you:

☐ a discharge letter about your diagnosis and treatment to discuss with your GP
☐ an ‘easy to read’ medicine list to help you manage your new medicines at home
☐ instructions about the medicines you were taking before you were admitted to hospital and any changes that have been made
☐ information about how to care for any surgical wounds or how to use any aids e.g. crutches
☐ advice about any further tests you might need
☐ details of when you will need to see your GP or attend an outpatient clinic
☐ any X-rays and all your personal belongings
☐ information about your special needs at home such as hand rails, wheel chair, preventing falls, diet
☐ information about any exercises you might need to continue at home.
☐ a signed Patient Assisted Travel Scheme (PATS) form, if you are a country patient.

Also check that the hospital has:

☐ kept your carer up to date
☐ arranged for any nursing home care that you may need
☐ confirmed your transport home
☐ arranged for a home assessment if you have asked for one.