



More information is available for this medicine in the form of Consumer Medicines Information (CMI). CMIs are available from hospitals, pharmacies and medical practices and from the Therapeutic Goods Administration website ([www.ebs.tga.gov.au](http://www.ebs.tga.gov.au)). The CMI contains important information about your medicine and must be read in conjunction with this leaflet.

## Prednisolone Corticosteroid Immunosuppressant/Anti-inflammatory

Medication Name	Examples of Brand Name(s)	Strength(s)
Prednisolone	Panafcortelone®, Solone®	1mg, 5mg, 25mg tablets 

### What is prednisolone used for?

- Prednisolone is used for many conditions. It is used to suppress your immune system to prevent organ transplant rejection.
- Other conditions it is used for include: inflammatory diseases, autoimmune diseases, acute asthma, acute gout and croup.

### What does prednisolone do?

- Prednisolone belongs to a group of medicines called corticosteroids. These medicines reduce inflammation and your body's immune system to prevent your body from rejecting an organ transplant.

*Please turn leaflet over as there may be more information on the other side.*

*Make sure that your doctor, pharmacist, dentist and other health professionals know that you are taking this medicine. Please check all medications including herbal and 'over-the-counter' medication(s) with your doctor before taking to avoid unnecessary complications. The information in this leaflet does not replace the advice of your doctor or pharmacist. If you require more information, speak to your healthcare professional. Approved by Sir Charles Gairdner Hospital Pharmacy. Information current at February, 2016. © Department of Health 2015. For more information contact Sir Charles Gairdner Hospital (08) 6457 3333.*

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## **How should I take prednisolone?**

- This medicine is best to be taken WITH FOOD to prevent stomach irritation.
- If you are only taking this medicine ONCE a day, it is best to take it in the morning, to avoid insomnia or sleep disturbance at night.

## **What are the possible side effects?**

**Not all side effects are listed – ask your health professional for more information**

- Nausea, vomiting
- Diarrhoea
- Constipation
- Headache
- Increased or decreased appetite
- Infection
- This medicine can affect your mood or cause problems with sleeping. If these become troublesome, inform your doctor.

## **Important information**

- If you are taking this medicine for longer than 2-3 weeks, then do not stop taking it abruptly, unless advised by your doctor. If it is necessary to slowly reduce the dose of prednisolone before stopping, your doctor will advise you of this.
- If you develop signs/symptoms of infection (e.g. temperature >38°C, fevers/chills/rigors, sore throat, cough, muscle/joint aches) or of an allergic reaction (e.g. rash, lip, tongue or neck swelling, difficulty breathing), SEEK MEDICAL ATTENTION IMMEDIATELY.

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