



More information is available for this medicine in the form of Consumer Medicines Information (CMI). CMIs are available from hospitals, pharmacies and medical practices and from the Therapeutic Goods Administration website (www.tga.gov.au/consumer-medicines-information-cmi). The CMI contains important information about your medicine and must be read in conjunction with this leaflet.

Tenofovir Disoproxil

Anti-viral Medicine for Chronic Hepatitis B

Medicine Name	Examples of Brand Name(s)	Strength(s)
Tenofovir	Tenofovir Mylan®, Tenofovir Apotex®, Tenofovir GH®, Viread®	300 mg tablet 

What is Tenofovir used for?

- To treat adults infected with hepatitis B virus.

What does Tenofovir do?

- Tenofovir reduces the amount of virus in your body and has been shown to improve the condition of the liver.
- Tenofovir works by interfering with the normal working of enzymes that are essential for the hepatitis B virus to reproduce.

How should I take Tenofovir?

- Tenofovir should be taken ONCE daily at the same time each day.
- Tablets should be taken with or soon after food to help increase the absorption of tenofovir.
- Do not stop taking tenofovir because the amount of hepatitis B virus in your blood may increase if the medication is interrupted for even a short time.

Please turn leaflet over as there may be more information on the other side.

Make sure that your doctor, pharmacist, dentist and other health professionals know that you are taking this medicine. Please check all medications including herbal and 'over-the-counter' medication(s) with your doctor before taking to avoid unnecessary complications. The information in this leaflet does not replace the advice of your doctor or pharmacist. If you require more information, speak to your healthcare professional. Approved by Sir Charles Gairdner Hospital Pharmacy. Information current at April, 2019. © Department of Health 2015. For more information contact Sir Charles Gairdner Hospital (08) 6457 3333.

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- If you forget to take your dose of tenofovir, take it as soon as possible unless it is close to the time of your next dose. Do not double dose.
- Only take medicine that has been prescribed for you and do not give your medicine to others.

What are the possible side effects?

Only the most common side effects are listed – ask your health care professional for more information if needed.

- Nausea
- Abdominal pain
- Fatigue
- Diarrhoea

Important information

- Do not change treatment or stop treatment without first talking to your doctor.
- Be careful driving or operating machinery until you know how tenofovir affects you - some people experience dizziness.
- If you are prescribed any new medicines, tell your doctor that you are taking tenofovir as it may interfere with the medicine you are taking.

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