

## When to wear

- Wearing a face mask outside the home is mandatory for the Perth, Peel and South West regions.
- Face masks are encouraged but not mandatory for infants and children under 12 years of age.
- · Wear masks while exercising, except if swimming.
- You do not need to wear a mask when driving if you are the sole occupant in your vehicle.

## How to wear

- Never share your face mask with others and do not use scarves and bandanas as face masks.
- You must always wash your hands properly with soap and water, or use alcohol-based hand sanitiser, before and after handling your mask.
- You should avoid touching your mask once it is in place.
- A disposable mask needs to be replaced when it becomes damp or soiled, or after eating and drinking.
- A cloth mask may last longer but needs to be removed and washed if it becomes visibly dirty or damp.

## Removal and washing

- If using a disposable mask, dispose of it in the bin immediately after use and wash hands properly.
- If using a cloth mask, place it in a sealed bag until it can be washed separate from clean masks and wash hands properly.
- Wash in a washing machine (do not hand wash where possible) in hot water (60 degrees Celsius or hotter).
- Make sure your cloth mask is dry before reusing.



wash hands properly
often with soap and water,
or hand sanitiser



COVER COUGHS and sneezes with a tissue or inner elbow



STAY HOME IF SICK & GET TESTED even with mild cold or flu-like symptoms



PHYSICAL DISTANCE keep at least 1.5 metres away from others where possible



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